

# Curriculum Content for Certified Nursing Assistant (CNA) 2-Acute Care Training Programs

## Policy Summary, Statement of Purpose and Intent

This policy provides standards and guidance for developing and implementing a CNA 2-Acute Care Training Program. The Core Curriculum content is the foundation of every CNA 2 nursing assistant training program. A program will submit to the Board the core curriculum and the curriculum content for the CNA 2-Acute Care for approval.

CNA 2 training is available to a CNA 1 to prepare for a role in one or more of the Board-approved category areas. A CNA 2 training program will include a Board-approved standardized curriculum and competency evaluation. A CNA 2-Acute Care Training Program shall consist of knowledge, skills, and abilities at a greater depth than a level 1 training program.

It is understood that a CNA 2-Acute Care will: (1) hold a current, unencumbered Oregon CNA 1 certificate; (2) be listed by name on the CNA Registry; and (3) assist licensed nursing personnel in the provision of nursing care. A CNA 2-Acute Care must be regularly supervised by a licensed nurse and all skills and tasks are to be performed at the direction of the licensed nurse. The CNA 2- Acute Care will be able to provide opportunities for optimal client independence and support behaviors that promote positive healing. A CNA 2-Acute Care will be able to demonstrate to peers, the correct methods and model behavior needed to address patient care needs on an individualized basis.

It shall be the policy of the Oregon State Board of Nursing that all approved CNA 2-Acute Care Training Programs shall provide the core curriculum content in addition to the following curriculum content and competency evaluation (Each content area has been awarded a relative evaluation weight).

## Curriculum

At least 10 hours of classroom/ lab and 24 hours of clinical instruction that incorporates throughout the training, the concepts of safety and preventing complications, communicating client responses to the nurse, and documenting/recording outcomes of client care:

### I. Domain: Observation and Reporting

- (A) Outcomes of teaching. By end of the course, the CNA 2-Acute Care will be able to:
  - (1) Identify, from scenarios and lists, normal and abnormal patterns and changes in findings related to a patient. Patient descriptors include: mental status (orientation, psychosocial responses, and level of consciousness), vital signs, mobility, skin, pain level, bowel and bladder function, appetite, and activities of daily living; and
  - (2) Articulate at 85% level correct rationale(s) for action given in various clinical scenarios and situations.
- (B) Clinical competencies. By the end of the course, the CNA 2-Acute Care will be able to:
  - (1) Identify findings, patterns, habits, and behaviors that deviate from normal in acute care patients;
  - (2) Can articulate a rationale for action that is correct, given a patient situation;
  - (3) Use accepted terminology to describe findings, patterns, habits and behaviors of acute care patients;
  - (4) Report and record abnormal findings, patterns, habits, and behaviors of acute care patients;
  - (5) Take action within designated responsibilities and as directed by the RN for abnormal findings, patterns, habits and behaviors of acute care patients;
  - (6) Notify the RN of all abnormal findings in a timely manner;

- (7) Consistently demonstrate scheduling of patient activities when the client is comfortable;
  - (8) Perform comfort and pain relief measures within the designated scope of responsibility according to care plan;
  - (9) Observe effects of pain treatment and report to licensed staff;
  - (10) Consistently reports change of vital signs, orientation, mobility and behavior following pain treatment; and
  - (11) Identify change in pain pattern from usual pattern.
- (C) Evaluation (Weight: 60%): Knowledge post-test.
- (D) Curriculum Content:
- (1) Cardiovascular System common condition/disorder(s) and related sign/symptom(s) to observe and report:
    - (a) Angina;
    - (b) Congestive Heart Failure;
    - (c) Coronary Artery Disease/Acute Coronary Syndrome;
    - (d) Deep Vein Thrombosis;
    - (e) Dysrhythmias;
    - (f) Hypertension;
    - (g) Hypotension; and
    - (h) Myocardial Infarction.
  - (2) Digestive System common condition/disorder(s) and related sign/symptom(s) to observe and report:
    - (a) Bowel Diversion;
    - (b) Bowel Obstruction;
    - (c) Cholelithiasis;
    - (d) Colitis;
    - (e) Cirrhosis;
    - (f) Constipation;
    - (g) Crohn's Disease;
    - (h) Diverticulosis;
    - (i) Dysphagia;
    - (j) Gastritis/Gastroenteritis;
    - (k) Gastroesophageal Reflux;
    - (l) Hemorrhoids;
    - (m) Pancreatitis; and
    - (n) Ulcers.
  - (3) Endocrine System common condition/disorder(s) and related sign/symptom(s) to observe and report:
    - (a) Cushing's Syndrome;
    - (b) Diabetes Insipidus;
    - (c) Diabetes Mellitus: type 1, type 2, Gestational;
    - (d) Diabetic Ketoacidosis; and
    - (e) Hypo/Hyperthyroidism.
  - (4) Immune System common condition/disorder(s) and related sign/symptom(s) to observe and report:
    - (a) Acquired Immunodeficiency Syndrome;
    - (b) Cancer;
    - (c) Hepatitis: Type A, B, C, D, & E;
    - (d) Hypersensitivity; and
    - (e) Rheumatoid Arthritis.
  - (5) Integumentary System common condition/disorder(s) and related sign/symptom(s) to observe and report:

- (a) Autoimmune:
  - (i) Dermatitis; and
  - (ii) Psoriasis.
- (b) Contagious:
  - (i) Herpes Zoster (Shingles);
  - (ii) Pediculosis; and
  - (iii) Scabies.
- (c) Immobility: Pressure Ulcers; and
- (d) Disease Associated: Petechiae/Purpura.
- (6) Mental Health System common condition/disorder(s) and related sign/symptom(s) to observe and report:
  - (a) Alcohol and drug withdrawal;
  - (b) Anxiety and Post Traumatic Stress Disorder;
  - (c) Delirium;
  - (d) Eating Disorders:
    - (i) Anorexia Nervosa; and
    - (ii) Bulimia.
  - (e) Depression/Suicide;
  - (f) Personality Disorders; and
  - (g) Psychoses.
- (7) Musculoskeletal System common condition/disorder(s) and related sign/symptom(s) to observe and report:
  - (a) Amputation;
  - (b) Arthritis;
  - (c) Atrophy;
  - (d) Contractures;
  - (e) Fractures;
  - (f) Gout;
  - (g) Osteoarthritis/Degenerative Joint Disease: Total joint replacement; and
  - (h) Osteoporosis.
- (8) Nervous System common condition/disorder(s) and related sign/symptom(s) to observe and report:
  - (a) Alzheimer's Disease;
  - (b) Cerebrovascular accident;
  - (c) Cerebral Palsy;
  - (d) Epilepsy;
  - (e) Head injuries;
  - (f) Multiple Sclerosis;
  - (g) Parkinson's Disease; and
  - (h) Spinal Cord injuries.
- (9) Reproductive System common condition/disorder(s) and related sign/symptom(s) to observe and report:
  - (a) Care of peripartum woman, newborn, and family;
  - (b) Breast Augmentation/Reduction;
  - (c) Lumpectomy;
  - (d) Hysterectomy;
  - (e) Mastectomy;
  - (f) Prolapse;
  - (g) Prostatectomy; and
  - (h) Sexually transmitted infections.
- (10) Respiratory System common condition/disorder(s) and related sign/symptom(s) to observe and report:
  - (a) Atelectasis;

- (b) Asthma;
  - (c) Bronchitis;
  - (d) Chronic Obstructive Pulmonary Disease;
  - (e) Emphysema;
  - (f) Influenza;
  - (g) Pneumonia;
  - (h) Pneumothorax;
  - (i) Pulmonary Embolism; and
  - (j) Tuberculosis.
- (11) Urinary System common condition/disorder(s) and related sign/symptom(s) to observe and report:
- (a) Bladder Diversions;
  - (b) Cystitis;
  - (c) Prolapse;
  - (d) Pyelonephritis;
  - (e) Renal Calculi; and
  - (f) Renal Failure.
- (12) Care of the surgical patient.
- (a) Normal:
    - (i) Healing process; and
    - (ii) Nutrition.
  - (b) Preventing complications:
    - (i) Cardiovascular System;
    - (ii) Digestive System Mobility;
    - (iii) Endocrine System: Glycemic Control;
    - (iv) Integumentary System;
    - (v) Pulmonary System Coughing and Deep Breathing; and
    - (vi) Genitourinary System.
  - (c) Observations:
    - (i) Abdomen (Distention, passing flatus);
    - (ii) Bleeding;
    - (iii) Capillary refill;
    - (iv) Drains;
    - (v) Edema;
    - (vi) Intake and output;
    - (vii) Level of consciousness/delirium;
    - (viii) Nausea and vomiting;
    - (ix) Pain;
    - (x) Skin color and temperature; and
    - (xi) Wound dressings.

## II. Domain: Technical Skills

- (A) Outcomes of teaching. By the end of the course, the CNA 2-Acute Care will be able to demonstrate proficiency in skills and tasks which affect body system functions and are assigned by the licensed nurse:
  - (1) Data gathering skills; and
  - (2) Designated tasks.
- (B) Clinical competencies. By the end of the course, the CNA 2- Acute Care will be able to demonstrate proficiency in skills and tasks which affect body system functions and are consistent with the facility's policy:
  - (1) Data gathering skills; and
  - (2) Designated tasks.
- (C) Evaluation (Weight: 30%):

- (1) Knowledge post-test; and
  - (2) Return competency demonstration in the lab setting on:
    - (a) Obtaining rectal swab;
    - (b) Placing electrodes/leads for telemetry; and
    - (c) Testing gastric contents for occult blood or pH;
  - (3) Return competency demonstration in the lab or clinical setting on assisting patients in and out of Continuous Passive Motion (CPM) machines.
- (D) Curriculum Content:
- (1) Data gathering skills:
    - (a) Newborn hearing screening;
    - (b) Obtaining rectal swab;
    - (c) Placing electrodes/leads and run electrocardiogram (EKG);
    - (d) Placing electrodes/leads for telemetry; and
    - (e) Testing gastric contents for occult blood or pH.
  - (2) Designated tasks:
    - (a) Assisting patients in and out of Continuous Passive Motion machines;
    - (b) Removing casts in non-emergent situations; and
    - (c) Setting up traction equipment.

**III. Domain: Documentation**

- (A) Outcomes of teaching. By the end of the course, the CNA 2-Acute Care will be able to:
  - (1) Provide one example of charting with appropriate descriptive language and abbreviations; and
  - (2) Provide charting which is in conformity with charting do's and don'ts; and
  - (3) Demonstrate ability to chart in exception based charting and computer charting system.
- (B) Clinical competencies. By the end of the course, the CNA 2- Acute Care will be able to use terms and abbreviations accurately and appropriately to describe patients, procedures, and other aspects of acute care.
- (C) Evaluation (Weight: 10%):
  - (1) Knowledge post-test; and
  - (2) Return demonstration on new skills.
- (D) Curriculum Content:
  - (1) Terminology and abbreviations related to acute care; and
  - (2) Reporting and recording of care.